

**Amendments to the Specification:**

Please insert the following heading and paragraph at the top of page 1, immediately following the title:

**CROSS REFERENCE TO RELATED APPLICATIONS**

This application is the 371 National Phase of International Application No. PCT/CA2004/001843, filed October 20, 2004, which was published in English under PCT Article 21(2) as International Publication No. WO 2005/037307. This application further claims the benefit, under 35 U.S.C. § 119(e), of United States provisional patent application Serial No. 60/512,198 filed October 20, 2003. All of these applications are incorporated herein by reference in their entirety.

Please enter the Abstract as the last page of the application. A separate page with the abstract is attached hereto.

**ABSTRACT**

The present invention provides methods for using growth hormone releasing factor analogs of the formula (A), X-GRF Peptide, and pharmaceutically acceptable salts thereof, for increasing muscle function in a subject. Also disclosed herein are corresponding methods, packages and compositions.